

Dear [Agent Name],

The U.S. Centers for Disease Control has published data indicating that in 2013, at least 76% of new mothers had breastfed their baby. By six months, the percentage is lower amongst women working full-time – just 26%. My nonfiction book, *Breastfeeding From Your Office*, is a practical guide for working mothers who want to meet their breastfeeding goals after returning to work. With checklists, scripts, and visual aids, I show women the practical side of setting up a lactation room with the support of their employers. I explain how to find child care that is breastfeeding-friendly, and how to approach your child's caregivers about their needs. I discuss routines and shortcuts to make life easier as a working mother, and provide troubleshooting guides for common equipment concerns, milk-storage questions, fashion disasters, and awkward conversations with co-workers.

Books on how to combine breastfeeding with working are few, and those that do exist are outdated or short on specific how-to information. New mothers do not have time to read a collection of anecdotes when what they really need is a concise procedure explaining exactly how to provide meals for their infant. Working moms will find value in a guide that will help them navigate negotiations with their employer, ensuring a smooth transition back to work as a meaningful contributor AND a great mom.

As a new mom working as an engineer, I have put these systems through the trial-and-error process necessary to perfect them for my own life, and my research has led me to solutions for moms whose situations are different from mine. I value efficiency and clarity – two qualities I found lacking in the available information for working mothers.

I hope you will consider representing me. Please let me know if you would like to see my proposal.

Sincerely,